

SCHOOL OF COMMUNITY GOVERNMENT

Children and Youth Resiliency

Active Kids - High Five® February 5-7, 2019 - Fort Simpson



Municipal and Community Affairs' School of Community Government, Sport, Recreation and Youth Division and partners are delivering Active Kids and High Five® workshops February 5-7, 2019 in Fort Simpson. The Active Kids workshop will focus on physical literacy for children ages 0 to 5 and the High Five® workshop will include modules on Principles of Healthy Child Development and Strengthening Children's Mental Health. The training is designed for recreation and early childhood leaders. The workshops are a component of the Children and Youth Resiliency Program.

Active Kids Workshop:

- Understanding physical literacy in children
- Teaching physical literacy
- Helping children master fundamental movements

High Five® (PHCD- SCMH) Workshop:

- Principles of healthy child development
- Value of play
- Developing activity plans
- Promoting positive mental health
- Responding to challenges

To Register Contact:
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**RECREATION
& PARKS**
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Territoires du Nord-Ouest